

## Peas Cooking Tips:

### Sugar Snap Peas

- Snap peas need stringing: Snap off stem tip toward the flat side of pod and pull downward.
- Eat young, fresh snap peas raw. Put out a heaping bowl for snack or mealtime, arrange decoratively with other vegetables on a platter, or cut into a variety of salads.
- Cook quickly, no more than 2 minutes. Add to a chilled, marinated vinaigrette-style salad.
- Deep-fry in a tempura batter along with other vegetables.